



## SACRED HEART PARISH

**Sunday 28th December 2025**

**Feast of the Holy Family**



**Deacon: Joe Baxter**

**Parish Office:** 1B Glenview Street, Belfast, BT14 7DP

**Email:** sacredheart@downandconnor.org

**Phone:** 028 9075 1543

**Hours open:** 9am-2pm, Mon, Tues, Wed, Fri.

**Parish Secretary:** Cathy Carroll

**Sacristan:** Collette Delaney

**Acolyte:** Thomas Liddy

**Parish Webpage:** <https://www.sacredheartparishbelfast.com>

**Webcam:** [sacredheartparishbelfast.com/Webcam](https://www.sacredheartparishbelfast.com/Webcam)

**THE PARISH OFFICE WILL BE CLOSED FROM MONDAY 22ND DECEMBER AND REOPEN ON MONDAY 5TH JANUARY**

### **~Mass Times~**

**Saturday:** 6:00pm(Vigil): Moira Hanna, 1st Anniversary Mass

**Sunday Masses:** 9:30am: Frank McGrath, Anniversary Mass  
11:30am: Patrick Curran, Anniversary Mass

**Weekday Masses:** Monday 10:00am: **No Mass**  
Tuesday 7:00pm Novena: Bernadette Carolan, Anniversary Mass  
Wednesday 10:00am: Mary Fairfield, Anniversary Mass  
Thursday 10:00am: **No Mass**  
Friday 10:00am: **No Mass**

**Confessions & Adoration:** Saturday: 5:00pm - 6:00pm.

**Divine Mercy:** Friday 2:15pm, Exposition, Prayer and Confessions

### **~Sacrament of Baptism~**

Baptisms are held on the 1st & 3rd Sundays of each month, at 12.30pm.  
Please contact the parish office to arrange a baptism.

### **~Upcoming Feast Days~**

27th December  
St John, Apostle

29th December  
St Thomas Beckett

2nd January  
St Basil the Great

### **~Recently Deceased~**

Anthony Killen  
Stephen Cooper  
Shéala Inglis  
Rebecca Tierney  
Margaret Hughes

*Eternal rest grant unto them O Lord*

### **~Sanctuary Candles~**

Frank McGrath  
Séan Noble  
Josephine Conway  
Sean McCartan  
Kathleen McCartan  
Sofia Forgione

*A Donation of £5 per candle  
is greatly appreciated*

### **~Weekly Collection~**

Will update next week

The Parish Thanks You For Your Kindness  
And Generosity

### **~Baptisms~**

**Welcome into our community**

Dáire James Gillen

### **~Anniversaries~**

Josephine Markey  
Harry McCloskey

*Eternal rest grant unto them O Lord*

### **~A Spiritual Communion~**

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

**The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God. (Micah 6:8)**

## DATES FOR YOUR DIARY

### Prayer to the Holy Family

Jesus, Mary and Joseph,  
in you we contemplate  
the splendor of true love;  
to you we turn with trust.

Holy Family of Nazareth,  
grant that our families too  
may be places of communion and prayer,  
authentic schools of the Gospel  
and small domestic churches.

Holy Family of Nazareth,  
may families never again experience  
violence, rejection and division;  
may all who have been hurt or scandalized  
find ready comfort and healing.

Holy Family of Nazareth,  
make us once more mindful  
of the sacredness and inviolability of the  
family,  
and its beauty in God's plan.

Jesus, Mary and Joseph,  
graciously hear our prayer.

Amen.

### THE CLOSE OF THE JUBILEE YEAR 2025

Bishop Alan McGuckian will celebrate **the Rite of the  
Closing of the Jubilee Year  
with Mass at 3.00pm in St Peter's Cathedral,  
Belfast on Sunday 4th January 2026.**

He would like to invite as many as possible, from  
across the Diocese,  
to join him for the Mass and some refreshments after-  
wards in St Comgall's Centre.

While the Jubilee Year of Hope will formally close,  
the task ahead will be to carry its Message of Hope  
with us into the New Year 2026.



**Liturgical 'Sign of Peace'.** The Sign of Peace remains an integral part of the celebration of the Eucharist and has been reintroduced as a normal practice across the Diocese. The customary expression of the Sign of Peace in Ireland is a handshake. However, other non-contact forms of the sign of peace such as a nod, a bow or a smile are also legitimate expressions of the Sign of Peace. No offence should be taken if someone prefers to express a non-contact Sign of Peace. The Diocese encourages all to continue to exercise good hygienic practices, particularly over the Christmas season, and if they exhibit flu-like symptoms, they are encouraged to remain at home.

**First Saturday Devotions** will take place in Holy Family Church, Limestone Road, Saturday, 3rd January 2026. 10am Adoration of the Blessed Sacrament, Confessions, Act of Consecration. 11am Holy Sacrifice of the Mass. Please come and bring a friend.

**Crib of Hope. Help deliver a baby in Bethlehem this Christmas.** This year our crib donations are going to the Order of Malta Holy Family Hospital Bethlehem. Just 800 meters from the birth place of Jesus, there is one door that is always open to poor and destitute expectant mothers without discrimination. Your generous donations would be greatly appreciated.

**St Malachy's College** will be holding Open Nights on Wed 14th and Thurs 15th January 2026 from 7-9.30pm. Principal's Address at 8pm in the College Hall. 36 Antrim Rd, Belfast. For more info call 02890748285 or visit [www.stmalachyscollege.com](http://www.stmalachyscollege.com)

**St Patrick's Academy Ballinderry Road, Lisburn BT28 1TD, Open Night.** We look forward to welcoming you to our Open Night on Thursday 15th January 2026. 6.30pm - 8.30pm. Principal's address at 6.30pm. visit [www.stpatsni.co.uk](http://www.stpatsni.co.uk) or telephone 028 92664877 for more information.

**AA Meeting** upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, and Thursday at 7pm. (Ladies Group)

**Narcotics Anonymous (NA)** meeting upstairs in the Parish Centre on Wednesday's at 7pm-8pm.

**Cocaine Anonymous (CA)** meet every Tuesday at 7pm upstairs in the Parish Centre.

**The Spred Group** meet every second Monday in the Parish Hall at 7pm.

**The Stitch and Crocheting Group** meet Thursday evenings,7pm in the Parish centre. Come along and learn a new skill.

**Lifeline-24hr** 7 days a week 0808 808 8000  
**Samaritans** anytime night or day 116 123  
**St Vincent De Paul** 028 90351561  
**Cancer Lifeline** 028 90 351999  
**AA** 02890351222

**Al-Anon Family Groups** 028 9068 2368  
**PIPS** 0800 088 6042  
**Youth Education Health Advise** 02890 757 809  
**Diocesan Safeguarding Officer** Philip O'Hara 07534 992 124

**Sacred Heart of Jesus, I place all my trust in Thee**